

Frequently Asked Questions (FAQs)

1. What is MINDS?	<p>MINDS has been caring for Persons with Intellectual Disability (PWIDs) and their families since 1962. Grounded in the belief that all PWIDs have innate abilities and talents, MINDS is committed to empowering them and enhancing their quality of life, while advocating for greater inclusivity for PWIDs.</p> <p>Today, MINDS is one of the largest charities in Singapore, serving an excess of 9,000 PWIDs and caregivers. With the key focus to expand community-based services, improving the employability of PWIDs, strengthening education, and engendering inclusive community living.</p> <p>MINDS offer a holistic range of services and programmes to serve PWIDs across their lifespan. These include schools, hubs (Regional Hubs, Community Hubs, Satellite Hubs), home-based care services and community-based services to cater to the physical, psychological, environmental and social needs of PWIDs and their families. For more information, visit www.minds.org.sg.</p>
2. What is Colour Socks Parade 2025 and Inclusive Sports Fiesta?	<p>The inaugural Colour Socks Parade (CSP) was held in 2022 as part of MINDS' 60th anniversary celebrations. It has since become a signature campaign for MINDS where we celebrate the talents and abilities of PWIDs and create opportunities for our clients (social service users) and their caregivers to engage with partners, volunteers and the wider community. Timed to coincide with World Down Syndrome Day (21 March) and World Autism Awareness Day (2 April), the campaign also serves to raise funds to support existing programmes and develop new programmes and services for PWIDs.</p> <p>Themed “One Heart, One MINDS: Celebrating Inclusivity through Sports”, CSP 2025 invites everyone to support inclusivity and celebrate the abilities of PWIDs. The fundraising campaign will start from 1 April and culminate with the Inclusive Sports Fiesta on 28 June.</p> <p>The Inclusive Sports Fiesta will be held at:</p> <ul style="list-style-type: none">• Date: 28 June 2025, Saturday• Time: 10:00am – 5:00pm• Venue: One Punggol• Address: 1 Punggol Drive, Singapore 828629• Key event highlights:<ul style="list-style-type: none">○ Inclusive Champion Quest: Participate in family-friendly sports activities and collect clues along the way. Complete all activities and earn an “Inclusive Champion” button badge (while stocks last).○ Shop for a Cause: Support MINDS' non-profit social enterprises and bring home merchandise created by our trainees from MINDS Craft, MINDS Bakers and MINDS Farm.○ Awareness booths and health talks: Learn more about MINDS' services and programmes for PWIDs and caregivers, attend health talks to boost your cardio-health and find out how you can support and advocate for greater inclusivity. <p>Admission to the Inclusive Sports Fiesta is free!</p>
3. How can I support?	<p>There are three ways you can support the campaign!</p> <ol style="list-style-type: none">1. Donate (link to donate) We are dedicated to enabling PWIDs to lead active, fulfilling lives but we cannot do it without your support.

Help us champion greater inclusion with your donation. You can collect a limited-edition 'Inclusive Champion Pack' as token of appreciation with a donation of \$60 and above.

What you will get

- A drawstring backpack to carry your essentials for sports activities;
- A bucket hat to shield you from the sun as you support this worthy cause; and
- A pair of CSP socks that you can put on as we come together to advocate for greater inclusion.

Upon successful donation, you will receive an email notification of your donation. A second email will be sent to you within 5 working days with details on the collection of the 'Inclusive Champion Pack'. For enquiries, please contact donation@minds.org.sg.

Scroll down to #7 to learn more about the impact you'll be making with the donation.

2. Join us at the Inclusive Sports Fiesta on 28 June!

Mark your calendar and join us for a fun-filled, family-friendly day with our clients (beneficiaries) and their caregivers – all within one inclusive space!

- **Date:** 28 June 2025, Saturday
- **Time:** 10:00am – 5:00pm
- **Venue:** One Punggol
- **Address:** 1 Punggol Drive, Singapore 828629

3. Spread the word

Spread the word about the campaign and rally family and friends to support by making a donation or joining the event. Here's the [e-poster](#) to share with your family, friends and network of contacts!

4. Fundraise

Organise a fundraiser on [Giving.sg](#) to support the cause! Here's the [guide](#) to help you set up the campaign page.

4. How do I make a donation?

Donations can be made via MINDS' [donation page](#), with the option to opt in or out to collect the token of appreciation – "Inclusive Champion Pack".

You can also donate via [Giving.sg](#). Please note that the default setting for donations made via Giving.sg is set to 'anonymous'. If you wish to receive a tax deduction, please create or log into your account and ensure that you have provided your NRIC/FIN details before you pledge your donation.

5. Will I get tax deduction for the donation made?

Yes, all eligible donations with accompanying details - names and NRIC/FIN/UEN numbers can enjoy tax deduction of 2.5 times the donation amount.

Individual donors - please ensure that you submit your [full name \(as per NRIC/FIN\)](#) and your [NRIC/FIN details](#) to facilitate the tax-deduction process.

Corporate organisations - please provide your company's entity name and UEN details.

For donations made in 2025, your donation will automatically be included for the Year of Assessment 2026. No physical tax-deductible receipt will be issued unless upon request to donation@minds.org.sg.

6.	How do I get the “Inclusive Champion Pack”?
	<p>PART 1 – WHEN DONATING</p> <p><u>Donating via MINDS Website</u> When making a donation via our website, please ensure that you have selected “Yes, I’d like to have a pack!” in this field, “Donors will receive a limited-edition Colour Socks Parade 2025’s Inclusive Champion Pack (only for donations of \$60 and above).”</p> <p><u>Donation via Giving.sg</u> Our team will follow up with you via email to confirm if you would like to collect the ‘Inclusive Champion Pack’. Please ensure that you log in and provide your email address so we can contact you.</p> <p>PART 2 – COLLECTION OF THE PACK</p> <p>Upon successful donation, you will receive an email notification of your donation. A second email will be sent to you within 5 working days with details on the collection of the ‘Inclusive Champion Pack’. Please note that the pack is available for collection only at the Inclusive Sports Fiesta. Delivery services are not available.</p> <p><u>Collection Details:</u></p> <ul style="list-style-type: none"> • Venue: Inclusive Sports Fiesta at One Punggol, Level 1, 1 Punggol Drive, Singapore 828629 • Time: 10:00am – 4:00pm • Collection method: Present your email with collection details at the redemption counter to collect your pack <p>For enquiries, please contact donation@minds.org.sg.</p>
7.	Where will my donation go to?
	<p>At MINDS, we believe that every contribution makes a difference in enabling us to see to the health and well-being of our clients and offer respite to their caregivers. We continually upgrade our services and team, so they are well-equipped to better support our clients and their families. We also educate the public on what intellectual disabilities are and what it means to be inclusive.</p> <p>All donations pledged to CSP 2025 will go towards supporting these services and programmes. The impact of your contributions will also be amplified through the matching grant from the Tote Board Enhanced Fundraising Programme, allowing more PWIDs and their families to be supported.</p>
8.	Who can I contact for enquiries?
	<p>Please contact donation@minds.org.sg if you have any questions.</p>